



Happy New Year



Ruqaya

Cornea acts as the eye's outermost layer and contributes 65 to 75 percent of the eye's focusing power. Sometimes, the cornea is damaged by a foreign object which penetrates the tissues leading to infections and scarring. Other times corneal dystrophies are responsible for Corneal Opacities. Both require cornea transplant, whereby, the affected cornea is removed and replaced with a clear cornea.

Unfortunately, two years ago 16 year old Ruqaya a student of 7th grade, resident of Quetta (Balochistan), complained of pain and itching in her left eye which was hit by a snow ball.

Ruqaya's family consists of five members, two young brothers, one studying in the 7th grade whilst the other works with his father who runs an automobile spare parts shop and earns about Rs.7,000/- (US\$ 117) per month.

Ruqaya's father took her to a number of doctors, who prescribed different medicines but there was no relief to her agony : instead she started losing vision and a time came when Ruqaya was unable to see. She was taken to various doctors who advised cornea transplantation but the poor family was just unable to afford it. The family was very worried about Ruqaya's future but were helpless.

One of the doctors informed her father about LRBT's free, state of the art services who immediately brought his daughter to LRBT Free Tertiary Eye Hospital Korangi (Karachi), where she was examined and advised Keratoplasty (Cornea transplantation) in her left eye.

*On 21st November 2007, Ruqaya underwent a successful corneal transplant, which was far beyond the means of her poor family. All aspects of her treatment which included examination, cornea, surgery, medication and post surgery medication were provided absolutely **free of charge**. The Cornea was donated by **Lions Club International**, District : 305 (S-I),*

Ruqaya and her family members are grateful to the founders of LRBT, Donors, the management and the Medical Team for her gift of sight.

NEW CONSTRUCTIONS

Construction of new hospitals at Pasrur, Arifwala and Mansehra is progressing steadily. These hospitals are expected to be operational by April, September and December 2008 respectively

EXPANSION AT KHANEWAL HOSPITAL

After preparation of drawings and BOQ, tenders were opened on 28th December 2007. The work is expected to start in the 1st week of February and completed by end November 2008.

EXPANSION AT TANDO BAGO

Drawings and BOQ are expected to be ready by 10th January 2008. After completion of tenders and other formalities, the work is expected to start in the 1st week of March and completed by end December 2008.

FREE EYE SCREENING CAMPS

LRBT teams conducted free eye screening camps as under:-

- Mardan in collaboration with Pakistan Tobacco Company (PTC)
- Sahiwal and Pano Aqil in collaboration with DuPont.
- Lal Pir in collaboration with AEG.
- Toba Tek Singh in collaboration Maryam Eye Hospital.
- Sara-e-Alamgir in collaboration with Waseem Manzoor Free Dispensary.
- Sobho Dero in collaboration with John Social Welfare Association and Mehran Educational Welfare Society respectively.

Total of 2,229 Patients were examined, out of which 1,332 were medicated, 715 refracted and 418 referred to our hospitals for detailed examination and/or surgery.

DONATIONS OF CORNEAS

Lions Club International District 305 (S.I) has very kindly agreed to donate corneas to LRBT for transplantation to poor patients free of cost. So far 40 corneas have been donated.



Corneas being donated.

TRAINING

Following doctors have been trained in Small Incision Cataract Surgery (SICS) under the “*Seeing is believing*” programme funded by Standard Chartered Bank through Sight Savers International (SSI):

- Dr. M. Hasnain - Khanewal
- Dr. Asadullah - Mansehra
- Dr. Hari Krishan - Korangi

10,485 Small Incision Cataract Surgeries (SICS) have so far been performed in our hospitals by surgeons trained under this programme.

MICRO SURGICAL TRAINING PROGRAMME

Following doctors have been trained in Microsurgery by our Lahore hospital:

- Dr. Shehzad Saeed
- Dr. M. Usma

WORKSHOPS / CONFERENCES

Lions Aravind Institute of Community Ophthalmology (LAICO), Madurai, India held a workshop on “Global Consultation-Reaching the Unreached” from 6th to 8th October 2007. Mr. Sharif Lillah, Executive Director represented LRBT and made a presentation.

14th Annual Ophthalmology Conference was held at Hyderabad from 10th to 12th November 2007. Dr. Z. A. Qazi from LRBT Lahore Hospital conducted a live workshop on current trends in Phacoemulsification. Dr. Fawad Rizvi from LRBT Karachi Hospital conducted the scientific session and was awarded Gold Medal for presenting the best paper.

7th International AMD (Age-related Macular Degeneration) Congress was held in Spain, from 18-20 October 2007. Dr. Khurram Mirza from LRBT Lahore Hospital represented the region in the meeting.

RECOGNITION

Mr. Justice (R) Aamer Raza A. Khan Receiving Gold Medal

Ophthalmologists Society of Pakistan (OSP) Lahore held an Annual Ophthalmic Conference on 7th December 2007. Mr. Justice (R) Aamer Raza A. Khan, President LRBT Lahore Hospital Executive Committee, was awarded Gold Medal in recognition of his services.

Ophthalmologists Society of Pakistan (OSP) Lahore branch conducted a live

surgical workshop at Lahore. Dr. Khurram Mirza from LRBT Lahore Hospital performed live surgery.

OUC (Ophthalmology Update Conference) Ophthalmology Conference at Bangkok was held from 20-22 October 2007. Dr. Norin Bano and Dr. M. Tariq Khan from Lahore Hospital were awarded first and second prize.

VISITS



Toric Intra Ocular Lens being implanted

Dr. Hanif Peracha a renowned Ophthalmologist from USA, and an honorary visiting consultant of LRBT implanted **Toric Intra Ocular Lens**, first ever in Pakistan, at our Korangi Hospital.

The lens is suitable for spherical and cylindrical abnormalities and after surgery glasses are not required for distance vision. It costs **US \$ 2,000/- but was provided by Dr Peracha free**. We are indeed thankful to him for his services.

our Korangi hospital. He examined patients in OPD and performed surgeries. He also donated a considerable amount of consumables used in surgery. We are most grateful to Dr. Afzal Ahmed.

Ms. Sue Farrington - member of the Advisory Panel of Graham Layton Trust (GLT), UK visited our Hospital at Tando Adam (Sindh). She was greatly impressed with the free services being provided by LRBT.

Justice (R) Akhtar Hussain, Administrator Punjab Baitul Mall visited our Mandra hospital on 7th November 2007. He was deeply impressed by the services being provided and the dedication of our hospital staff.

Mr. David N. Botwey, Rehabilitation Advisor, Africa Sight Savers International visited our Lahore Hospital on 12th December 2007.

Mrs. Dinshaw Jassawalla visited our Lahore Hospital on 17th November 2007.

Mr. Lars Hanson MD, Ph.D Department Clinical Professor Emeritus Immunology, Sweden visited our Lahore Hospital on 30th November 2007.

Mr. Gabriel G. Minder, PhD , Past President, Rotary Club of Ferney-Voltaire, France, member of worldwide Rotarian Action Group of Blindness Prevention alongwith local Rotarians visited our Lahore Hospital on 10th October 2007.



Mr. Gabriel G. Minder at LRBT Hospital Lahore

Mr. Rachel Williams District 7930 – Boston Area Green Land USA Rotary Calos visited our Lahore Hospital on 2nd December 2007.

Mian Amer Mahmood, District Nazim and Mr. M. Ijaz, District Coordination Officer Lahore, visited LRBT Hospital Lahore on 15th December 2007.

Mr. N. Saquib Hameed, Vice Chairman and CEO visited Riyadh, Jeddah and Abu Dhabi, where he made presentations to potential donors. He also visited Dubai to discuss future fundraising activities and thank existing donors.

We are indeed grateful to M/s Viaz Karamatullah, Shaheen Amin, Ashfaque Azad and Iqbal Maladwala for organizing the meetings and the diligent follow-up.

LRBT GALA-NEW YORK

The Gala will be held at The Plaza Hotel, New York on April 25, 2008. Please contact Aliya Khan (aliyakhan@lrbtamerica.org), Subika Jafri (subikajafri@lrbtamerica.org) or Asma Khan (asmakhan@lrbtamerica.org) for further information.

RESTORING SIGHT • CHANGING LIVES

PLEASE HELP

- Rs. 1,500 Will pay for the cost of a cataract surgery with Intra Ocular Lens implant

Dr. Afzal Ahmed, also an honorary visiting consultant from USA visited

The Layton Rahmatulla Benevolent Trust (LRBT)

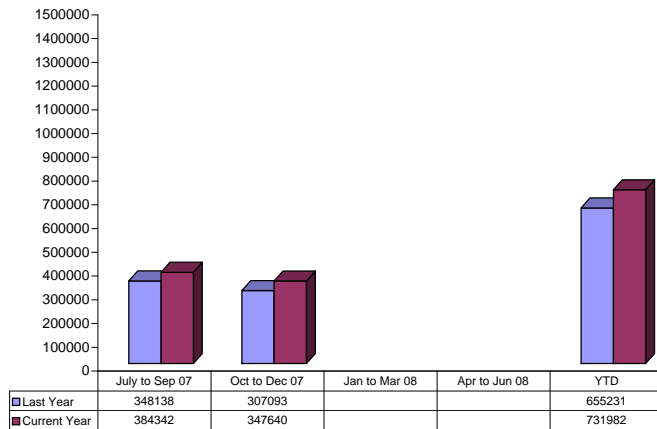
37 – C, Sunset Lane No.4, Phase II Extension, DHA, Karachi-75500

Phones: 021-5396600-5 (6 Lines) Fax: 021-5396606 Email: lrbt@cyber.net.pk Website: www.lrbt.org.pk

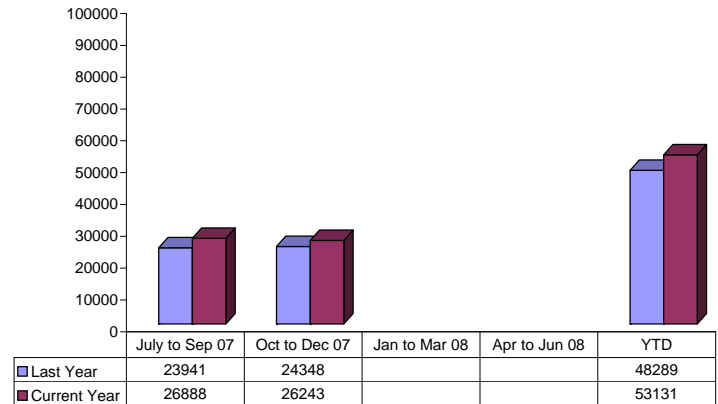
Please complete form overleaf and send to appropriate address.

PERFORMANCE DATA

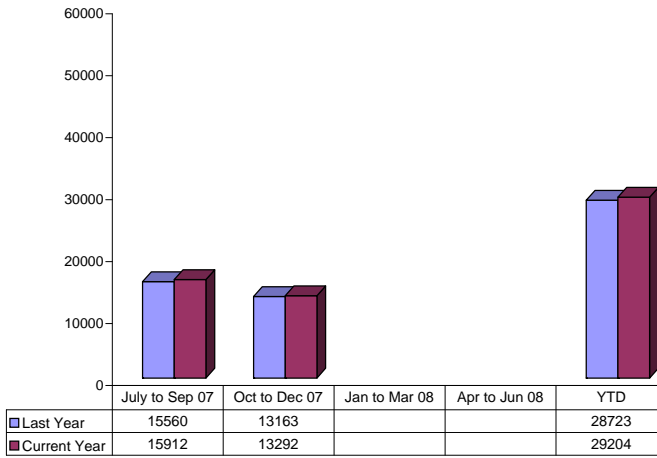
OPD VISITS



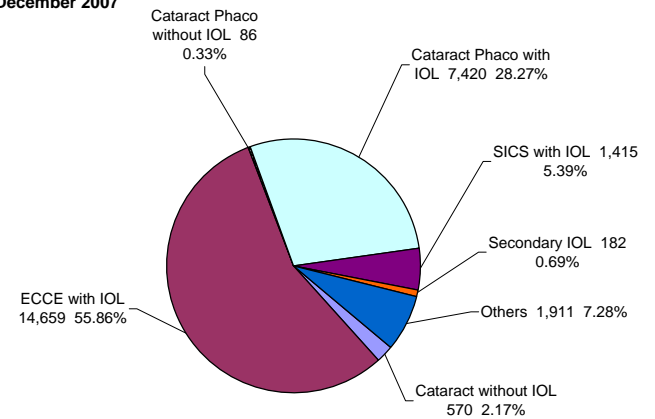
MAJOR SURGERIES



MINOR SURGERIES



Major Surgeries October to December 2007



Total Major Surgeries 26,243
 Total Cataract Surgeries 24,332 (92.72% of Total Major Surgeries)
 Cataract Surgeries with IOLs 23,676 (97.30% of Total Cataract Surgeries)

CUMULATIVE SUMMARY SINCE INCEPTION TO 31st December 2007

Hospital	KORANGI	LAHORE	TANDO ADAM	TANDO BAGO	GAMBAT	LAR	AKORA KHATTAK	KALA KALAY	QUETTA	Shahpur Saddar	MANDRA	MANSEHRA	KHANEWAL	SIBI	KHEWRA (ICI)	GAWADAR (MALC)	TURBAT (MALC)	ENT Surgeries	TOTAL
Commencement Date	26 Oct 1986	14 May 1987	1 Feb 1987	15 Nov 1985	20 Mar 1988	15 Feb 1999	20 Oct 1990	25 May 1993	23 Oct 2000	5 Nov 2004	15 Mar 2005	8 Nov 2005	2 Jan 2006	1 Jul 2003	May 1991	15 Nov 1985	15 Nov 1985	15 Nov 1987	
Total OPD Patients	2,950,087	3,317,952	880,247	1,096,401	803,683	495,398	839,825	682,672	502,858	282,470	161,830	96,520	94,954	55,714	105,430	23,716	5,750		12,395,507
Total Surgeries	383,441	268,939	119,182	97,301	125,433	76,722	102,055	117,384	42,593	41,925	25,784	10,486	10,441	3,860	10,034	2,679	584	248	1,439,091
Total	3,333,528	3,586,891	999,429	1,193,702	929,116	572,120	941,880	800,056	545,451	324,395	187,614	107,006	105,395	59,574	115,464	26,395	6,334	248	13,834,598

All donations must be in the form of crossed cheque / bank draft

Name : _____
 Profession : _____
 Address : _____

 Telephone : _____ Fax : _____
 E-Mail : _____
 Amount Donated : _____
 Zakat / Fitrah / Sadqah etc. _____

Pakistan • The Layton Rahmatulla Benevolent Trust (LRBT)

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 (Exempt under Section 61 of I. T. Ordinance 2001).

United Kingdom • The Graham Layton Trust (GLT)

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 (Registered Charity No.290464).

U.S.A. • LRBT - America

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