

## Patient Story



*Lubna*

A year ago 16 year old Lubna who is a student of 8<sup>th</sup> grade, complained of pain and itching in her eyes. Her father Abid Hussain who works as a mechanic and earns Rs. 6,000 per month, took her to a number of doctors who all prescribed different medicines but there was no relief to her agony: instead she started losing vision and a time came when Lubna was unable to see.

Lubna's family consists of five members, a younger sister and two brothers aged nine and four. Lubna's loss of vision came as a blow to the family as her mother does not keep well and has a problem of mobility.

Her father found out about LRBT and brought her to our Tertiary Eye Hospital at Korangi in Karachi. Here Lubna was examined and was advised Keratoplasty (Cornea transplant) for her left eye.

On 29<sup>th</sup> March 2007, Lubna underwent transplantation of a cornea, donated by Eye Bank Canada, courtesy Syed Muslim Hasany. Her surgery was a success and her vision is improving. Soon she will be resuming her studies.

## HOSPITAL AT ARIFWALA

Architectural and structural drawings are complete, the BOQ has been finalized, the contractors have been prequalified and shortlisted. The tenders will be opened on 2<sup>nd</sup> April. We hope to complete the contractual formalities by mid April and commence construction in June. The ground breaking ceremony by Begum Ismat Aftab was held on 18<sup>th</sup> January 2007. A large number of notables including the MNA of the area as well as the District Nazim of Pakpattan attended the ceremony.



*Ground Breaking*

## HOSPITAL IN EARTHQUAKE AREA

Architectural and structural drawings as well as the BOQ were finalised. The tenders were issued to prequalified builders and will also be opened on 2<sup>nd</sup> April 2007. The drawings have been submitted to NESPAK, the Consultants of Earthquake Reconstruction and Rehabilitation Authority (ERRA) for approval. Subject to approval construction is expected to start by May 2007.

## HOSPITAL AT PASRUR

Construction work at Pasrur (District Sialkot) hospital is progressing satisfactorily, and is expected to be completed by the end of 2007.

## EXPANSION AT KORANGI HOSPITAL

The construction of 2<sup>nd</sup> floor at Korangi hospital was completed. This floor has been named as **BHAIMIA FLOOR**. The inauguration was performed by a child patient selected by Ms. Khurshid Bhaimia on 22<sup>nd</sup> February 2007, who had generously funded the cost of the entire construction. She also donated funds for equipment of Paediatric Clinic. Sight Savers International (SSI) had also donated funds for equipment of the 2<sup>nd</sup> floor. The lift was donated by an anonymous donor. The 2<sup>nd</sup> floor houses a significantly larger Operation Theatre Complex, Paediatric Clinic, Low Vision Clinic, Low Vision Resource Centre, a conference hall, library and accommodation for 4 single doctors. We are most grateful to all the donors.



*Inauguration of Bhaimia Floor*

## EXPANSION AT AKORA KHATTAK & LAR HOSPITALS

The construction work at Akora Khattak and Lar hospitals has been completed. Waiting shed, screening rooms and canteen have been provided at each of the hospitals. Additional male and female wards with 6 beds each have been added at Akora Khattak. Funds for Lar hospital were provided by Shell Pakistan and for Akora Khattak by both Shell Pakistan and Pakistan Tobacco Company Limited. We are most grateful to both the donors.

## PRIMARY EYECARE CENTRES

Four Primary Eyecare Centers have been established at the following locations during the period under review:

- 1- Surjani Town- Karachi
- 2- INFAQ complex at Ibrahim Hyderi- Karachi
- 3- Sobhodero - Khairpur
- 4- Timar Garah – Kalakalay

## FREE EYE SCREENING CAMPS

LRBT teams carried out eye screening camps at following locations:

- 1- Toba Tek Singh
- 2- Shikarpur
- 3- Lee Market - Karachi

A total of 1074 patients were screened. 162 were referred for detailed examination and / or surgery.

## VISITS BY OPHTHALMOLOGISTS FROM USA

Dr. Afzal Ahmad a renowned Ophthalmologist from USA, and an honorary visiting consultant of LRBT implanted **Crystalens** first ever in Pakistan at our Korangi Hospital. The lens is suitable for near, medium and far vision. It costs US \$ 900/- (Rs. 55000/-) The lens was donated by Dr. Afzal Ahmad. We are indeed thankful to him for his services and donation.



*Crystalens being implanted*

We also had the pleasure of a visit to our Korangi Hospital by Dr. Satish Modi a Senior Consultant Ophthalmologist from the USA.

Dr. Modi carried out consultancy and surgeries on March 10 and 12 2007.

He also donated a considerable amount of consumables and instruments used in surgery. We are most grateful to Dr. Modi.

## TRAINING

Following doctors have been trained in Small Incision Cataract Surgery under the “*Seeing is*

*Believing*” programme sponsored and funded by Standard Chartered Bank through Sight Savers International (SSI) - UK:

- 1- Dr. Saleem Javed
- 2- Dr. Chakar Khan Baloch

## MICRO SURGICAL TRAINING PROGRAMME

Following doctors have been trained in Microsurgery by our Lahore hospital :

- 1- Dr. Muhammad Naqash–*Muscat*
- 2- Dr. Shahzad Saeed –  
*Mayo Hospital Lahore*
- 3- Dr. Muhammad Ayub -  
*Holy Family Hospital, Rawalpindi*

## EXAMINATION

Following doctors have passed the FRCS Part II examination:

- 1- Dr. Shabana Ch.
- 2- Dr. Jamil Baig
- 3- Dr. Rafay Amin
- 4- Dr. Hamed Anwar

*Congratulations*

## CONFERENCE

Asia Pacific Academy of Ophthalmology (APAO) held their annual conference from 24 to 28<sup>th</sup> February 2007 at Lahore. LRBT participated very actively in this conference. Our Lahore hospital was selected for demonstrating state of the art surgeries, which were telecast live directly to conference venue.

A number of our doctors presented their papers and displayed posters.



*Surgeries in progress*

## AWARD

Khawaja Zafar Hassan, Chairman LRBT was awarded a shield at APAO Conference, for his services towards prevention and combating blindness in Pakistan.



*Khawaja Zafar Hassan  
Receiving Award*

## VISITS

Viscount John Slim, a member of the House of Lords and senior member of Board of Advisors, GLT – UK, accompanied by his wife Lady Elizabeth Slim, Mike Pelham – Managing Trustee GLT and Mrs. Rosemary Colville visited our hospitals at Akora Khattak, Mansehra, Mandra, Shahpur, Lahore and Korangi.

Mike Pelham & Ms. Rosemary Colville also visited Kalakalay hospital.



*Group Photo at Lahore  
Hospital*

Ms. Celia Barlow, Member of British Parliament accompanied by Dr. Haroon Awan, Country Representative Sight Savers International (SSI) Pakistan, visited our Mandra hospital.

She also visited the central office where she met the Chairman, Vice Chairman and Senior Management.



*Ms. Celia Barlow Visiting  
Mandra Hospital*

## ANNOUNCEMENTS

We are pleased to announce that Professor Dr. Muhammad Daud Khan a Trustee of LRBT has been appointed as the Vice Chancellor of Khyber Medical University

*Congratulations*



*Professor Dr. M. Daud Khan*

Mr. Yasin Anwar a Trustee of GLT -UK has been appointed as the Deputy Governor State Bank of Pakistan.

*Congratulations*

*We wish both of them  
success in their new  
assignments.*

## **RESTORING SIGHT • CHANGING LIVES**

### **PLEASE HELP**

- Rs. 1,500 Will pay for the cost of a cataract surgery with Intra Ocular Lens implant
- Rs. 20,000 Will pay for the cost of a vitreo retinal surgery.

**The Layton Rahmatulla Benevolent Trust (LRBT)**

**37 – C, Sunset Lane No.4, Phase II Extension, DHA, Karachi-75500**

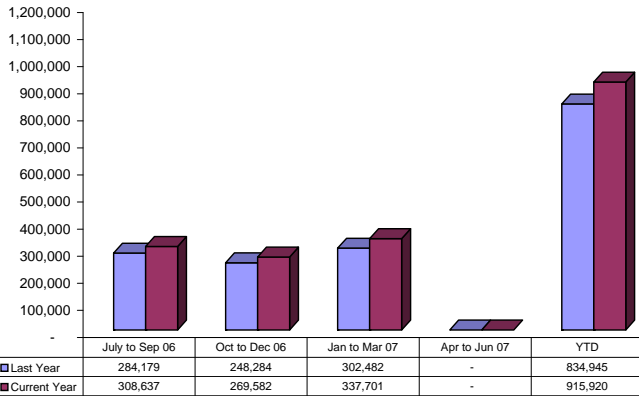
Phones: 021-5396600-5 (6 Lines) Fax: 021-5396606 Email: [lrbt@cyber.net.pk](mailto:lrbt@cyber.net.pk) Website: [www.lrbt.org.pk](http://www.lrbt.org.pk)

*Please complete form overleaf and send to appropriate address.*

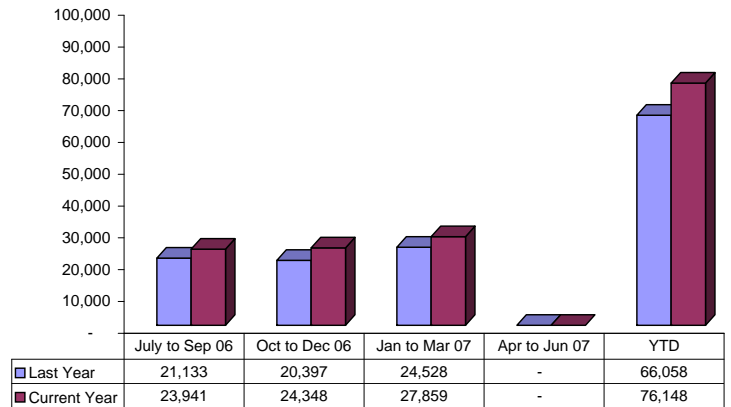
# PERFORMANCE DATA

From 1st January to 31st March 2007

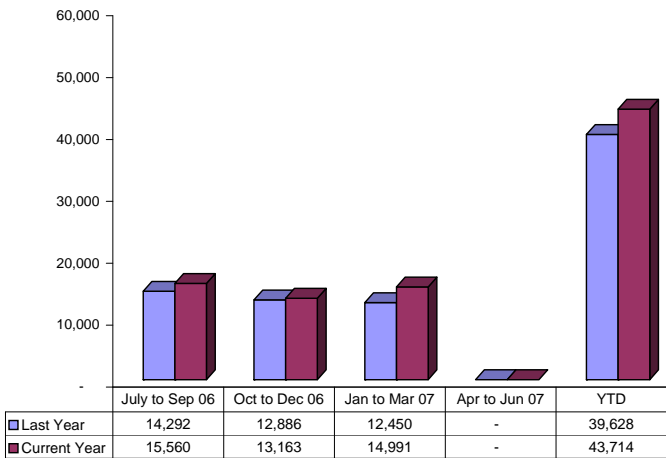
## OPD



## MAJOR SURGERIES

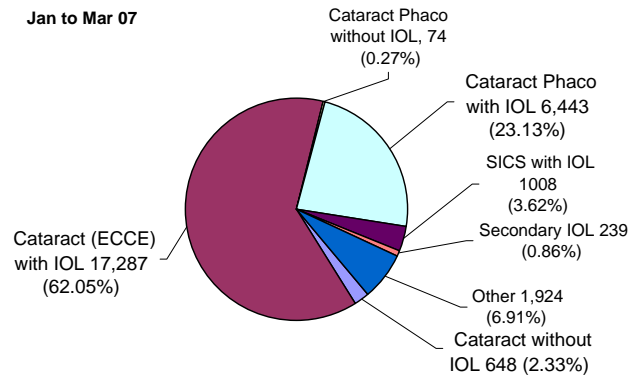


## MINOR SURGERIES



## MAJOR SURGERIES

Jan to Mar 07



Total Major Surgeries 27,859  
 Total Cataract Surgeries 25,699 (92.25% of Total Major Surgeries)  
 Cataract Surgeries with IOLs 24,977 (97.19% of Total Cataract Surgeries)

### CUMULATIVE SUMMARY SINCE INCEPTION TO 31st MARCH 2007

Hospital	KORANGI	LAHORE	TANDO ADAM	TANDO BAGO	GAMBAT	LAR	AKORA KHATTAK	KALA KALAY	QUETTA	Shahpur Saddar	MANDRA	MANSEHRA	KHANEWAL	SIBI	KHEWRA (IC)	GAWADAR (MALC)	TURBAT (MALC)	ENT Surgeries	TOTAL
Commencement Date	26 Oct 1986	14 May 1987	1 Feb 1987	15 Nov 1985	20 Mar 1988	15 Feb 1999	20 Oct 1990	25 May 1993	23 Oct 2000	5 Nov 2004	15 Mar 2005	8 Nov 2005	2 Jan 2006	1 Jul 2003	May 1991	15 Nov 1985	15 Nov 1985	15 Nov 1987	
Total OPD Patients	2,778,738	3,074,976	826,998	1,045,741	747,219	438,151	776,325	631,058	439,824	213,644	111,424	60,227	52,831	48,557	99,621	22,244	4,750		11,372,328
Total Surgeries	361,058	247,128	108,954	90,662	116,622	68,043	93,323	110,119	36,546	29,982	17,569	6,169	4,962	3,451	9,392	2,548	495	239	1,307,262
<b>Total</b>	<b>3,139,796</b>	<b>3,322,104</b>	<b>935,952</b>	<b>1,136,403</b>	<b>863,841</b>	<b>506,194</b>	<b>869,648</b>	<b>741,177</b>	<b>476,370</b>	<b>243,626</b>	<b>128,993</b>	<b>66,396</b>	<b>57,793</b>	<b>52,008</b>	<b>109,013</b>	<b>24,792</b>	<b>5,245</b>	<b>239</b>	<b>12,679,590</b>

*All donations must be in the form of crossed cheque / bank draft*

Name : \_\_\_\_\_  
 Profession : \_\_\_\_\_  
 Address : \_\_\_\_\_  
 \_\_\_\_\_  
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 Telephone : \_\_\_\_\_ Fax : \_\_\_\_\_  
 E-Mail : \_\_\_\_\_  
 Amount Donated : \_\_\_\_\_  
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**Pakistan • The Layton Rahmatulla Benevolent Trust**  
 37-C, Sunset Lane No.4, Phase - II Ext. D.H.A., Karachi.  
 (Exempt under Section 61 of I. T. Ordinance 2001).

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